



All Saints'
ACADEMY OF
SPIRITUAL
FORMATION

To grow toward love,
we must be moved from
Order to Disorder
and finally to Reorder.
~ Richard Rohr

deep SHIFT

Explore the depths and richness
of perennial wisdom

To explore the stories of Christianity is a great adventure.

We will take that adventure with Christian mystics and wisdom teachers throughout the ages. Mystics are known to travel along the margins of the ordinary and extraordinary, the world of the mundane and the world of the spirit, where all things are made whole. We can learn from the deepest experiences of their lives, as well as from our own lives, perhaps finding ourselves at an important threshold of a new world of spiritual nourishment.

Within a small group over a two year period,

we will travel through deep spiritual topography in our **weekly reading and listening, shared reflection and contemplation.**

We will explore the very heart of our Christian tradition that continues to shift, awaken and transform people in their way of seeing and being in the world.

Now accepting applications, until the course is full, through July 15

To further discuss the course requirements and/or to apply, please speak with John Otto, Debbie Dunham, Gayle Gottlich, Jan Hilton, Pam McDowell, Fr. Jonathan Wickham or Mother Cynthia McKenna. (Office staff can help you make that connection: 855-6294).

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Guides:	Facilitation and mentoring by John Otto and Debbie Dunham
Group size:	Up to 10 participants, plus two mentors
Meetings:	Weekly on Wednesdays from 5:30-7:00 pm at All Saints' Episcopal Church
Dates:	Sep 18 – Dec 18, 2019 and Jan 15-May 20, 2020 with breaks on Nov 27, Feb 26 and Apr 8. Similar dates in the second year of Sep 2020-May 2021.
Retreats:	Opening retreat in late summer of 2019, closing retreat in early summer 2021. Dates to be determined by the group. (Not overnight)
Study:	Weekly reading or listening assignments and time for self-reflection and notes to add to the group discussion. Self-study summer book assignments.
Spiritual practice:	Contemplative practices of prayer and silence will be introduced and incorporated into group time. Participants are asked to commit to a regular contemplative practice of their choosing. At least one time during the semester you will meet individually with one of the guides.
Steering committee:	This team provides long-term oversight and planning for this course offering. Current members include Debbie Dunham, Gayle Gottlich, Jan Hilton, Pam McDowell, John Otto and the Rev. Jonathan Wickham.
Enrollment criteria:	<p>1 Community. You do not need to be a member of All Saints' Episcopal Church however, a connection to a spiritual community is most helpful for this experience.</p> <p>2 Creating space for spiritual friendship. Let us gather with intention and an open, kind and generous heart to share in creating a group dynamic where spiritual friendships are nourished.</p> <p>3 Claim your priorities. This 2-year exploration requires a fairly significant commitment of time and energy. Claiming this as a priority has the power to be life-giving and life changing for you – and for your fellow pathfinders.</p>
Cost:	\$35 per year, due at the beginning of each fall semester, to cover administrative costs. Participants are also responsible for purchasing the assigned books – approximately 14 books over the two year period (estimating a total cost of about \$300 for new books). The retreats will not be overnight and are covered by the annual fee. Partial scholarships for this fee are available by request.

Deep Shift is planned to be a regular offering through the All Saints' Academy of Spiritual Formation, with a new group starting every one or two years.

With your application you are agreeing to the above criteria and that you have the intent to prepare for and attend meetings regularly for the full two years. **Give this application to your Steering Committee contact or mail to Debbie Dunham, All Saints Episcopal Church, 3026 S. Staples, Corpus Christi, TX 78404**

2019-2021 DEEP SHIFT APPLICATION

Name:

Mailing address with zip code:

Phone:

Check one: Mobile phone Land line If mobile, may we text you? Yes No

Email:

Steering Committee contact:

Your spiritual community:

Date of application:

Applicant's signature:

We are pleased that you are interested in joining the Deep Shift exploration group. We will be in touch with you by or before July 30. In the meantime, please contact us with any concerns, questions, special needs or accommodations you want us to know about – or include with your application.

Debbie Dunham debcc4@gmail.com and **John Otto** jeoclu@gmail.com